



Press Release, Sept. 20, 2022

“Style Hacks To Dress It Down 10 Pounds” is the title of the Westchester Mental Health Guild’s October fashion fundraiser, set for Thursday, October 6, at 5 p.m. in the backyard of Stylist Bobbie Casalino-Lewis in Westchester.

Tickets will cost \$35 and include refreshments. Sign up at www.stylehacks.eventbrite.com. Spaces at this outdoor event are limited, and the address will be provided only to ticket purchasers. Bobbie Casalino-Lewis is a motivational speaker who focuses on style, confidence and spirituality. A prolific columnist, she is the author of a soon- to-be-released book, "So That's What 70 Looks Like; the Essence of Aging Gracefully."

On Monday and Tuesday, October 10 and 11, Cantalini’s Salerno Beach restaurant in Playa del Rey, will be hosting a fundraiser for the Guild. Anyone presenting the coupon from the Guild’s website, www.westchestermhg.org, will have 20% of their order, excluding tax and tip, donated to the Guild.

In addition, the Guild is planning to host its outdoor Holiday Lights Tour & Contest in December for the third year in a row, and is looking for Westchester and Playa del Rey homeowners to participate in the Contest. Interested homeowners should contact info@westchestermhg.org for further information.

The Guild is again unable to host its traditional Holiday Home Tour due to the uncertainties surrounding COVID-19 and its variants for indoor events. That event always has been the biggest fundraiser for the Guild, whose mission is to raise funds to support AMCS, raising more than \$50,000 for AMCS in 2019. In lieu of the Holiday Home Tour, the Guild has sponsored a variety of other smaller events, including takeout food events, an online trivia contest, Zoom flower arranging and cooking demonstrations, and virtual wine tastings.

During the pandemic, the clinic the Guild supports, Airport Marina Counseling Service, has made a necessary, yet expensive, transition to telehealth counseling services, thus continuing to provide many thousands of counseling sessions a year to people in our community.

Although there will be no homes to tour this year, the Guild members are hopeful the community will continue to recognize the need for low-cost quality mental health care in the community. The Guild’s mission of raising funds to provide affordable mental health services continues to be critical given the pandemic and its economic impacts. If you wish to donate to or volunteer with the Guild, please visit its website, www.westchestermhg.org.

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